

OPTION Scale (Elwyn, 2012)

Modified to Measure *Shared Decision Making* in the IEP Context

- School personnel gave me information that would help me be better prepared to discuss services for my child.
- School personnel stated that there was more than one way to address my child's identified needs.
- School personnel invited me to share my ideas and expectations about services to meet my child's needs.
- School personnel summarized the options for how to address my child's identified needs.
- School personnel explained the pros and cons of each option.
- School personnel invited me to ask questions during the decision-making process.
- School personnel invited me to share any concerns I had related to my child's services.
- School personnel checked that I understood all the information.
- School personnel made a specific plan to follow up with me to review my child's progress.

Shared Decision Making Model- Summary

Elwyn, 2012

- **Choice talk**
 - Step back
 - Offer choice
 - Justify choice - preferences matter
 - Check reaction
 - Defer closure

- **Option talk**
 - Check knowledge
 - List options
 - Describe options – explore preferences
 - Harms and benefits
 - Provide decision support
 - Summarize

- **Decision talk**
 - Focus on preferences
 - Elicit preferences
 - Move to a decision
 - Offer review